



**MAR SLEEVA COLLEGE OF ARTS AND SCIENCE
MURICKASSERY, RAJAMUDY P.O**

REPORT ON RED RIBBON CELL INAUGURATION AND ONLINE WEBINAR

An Online Webinar has to been conducted by the Red Ribbon Cell on 19th February 2021 from 2.20 pm to 3.15 pm via Google meet as part of the Inauguration of Red Ribbon Cell in the current academic year. The resources person of the webinar was Miss Anju Sebastian Trainer cum Counsellor CPLI – NISD Project Rajagiri Out Reach Kozhikode. The topic of the webinar was

**MAR SLEEVA COLLEGE OF ARTS AND SCIENCE
MURICKASSERY, IDUKKI**

**RED RIBBON CELL INAUGURATION
&
WEBINAR ON STRESS MANAGEMENT**

**in Association with Dept. of Computer
Science and Red Ribbon Cell.**

Resource Person
Miss. Anju Sebastian
Trainer cum Counsellor CPLI-NISD Project,
Rajagiri OutReach, Kozhikode

Inauguration
Dr. Joshy Varghese
(Principal, MSC)

Presidential Address
Rev. Fr. Thomas Thoompunkal
(Administrator, MSC)

February
19
2.20 pm - 3.15 pm

9447876028, 9847856116

“ Stress Management “

The poster regarding the webinar has been shared through the What's app group two days prior to the webinar . The webinar started at sharp 2.20 pm on 19 February 2021. Mrs Ceenamol Varghese (Assistant Professor, Mar Sleeva College of Arts and Science Murickassery) delivered the welcome speech. Rev. Fr. Thomas Thoompunkal (Administrator,Mar Sleeva College of Arts and Science Murickassery) delivered the Presidential Address. Dr Joshy Varghese (Principal , Marsleeva College of Arts and Science Murickassery) Inaugurate the function. It was followed by the main talk by Miss Anju Sebastian. The talk covered every aspect of Stress Management.



**MAR SLEEVA COLLEGE
OF ARTS AND SCIENCE
MURICKASSERY , IDUKKI**

**INAUGURATION
OF
RED RIBBON CELL
&
WEBINAR
ON
"STRESS MANAGEMENT"
IN ASSOCIATION WITH
DEPARTMENT OF COMPUTER SCIENCE**

**19/02/2021
2:20 PM
TO
3:15 PM**

Prayer Song

Welcome Speech : Mrs. Ceenamol Varghese

**Presidential Address : Rev.Fr.Thomas Thoompunkal
(Administrator MSC)**

**Inaugural Address : Dr.Joshy Varghese
(Principal MSC)**

**Felicitation : Mr. Anand Joseph
(Vice Principal MSC)**

**Webinar
Resource Person
Ms.Anju Sebastian
(Trainer Cum Counsellor CPLI-NISD Project,
Rajagiri ,OutReach,Kozhikode)**

**Vote of Thanks : Ms.Blessy Mol Syriac
(BCA 2nd year)**

**PLATFORM
GOOGLE MEET**

A total 123 Students Participated in the webinar . After the talk there happened an open discussion session in which all the students were given a chance to raise their doubts. Ms Blessy Mol Syriac (BCA 2nd year Student) delivered the vote of thanks.

The webinar was an overall grand success with a really positive response from the students. There are some screen shot added for the future reference.



CO ORDINATOR

PRINCIPAL

ADMINISTRATOR